



Nappy Changing and Toilet Training Policy

2024-2025

At Enchanted Wood Preschool no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

We follow the following procedures:

- Key persons have a list of children's toileting stages and are able to care for children who are in nappies or 'pull-ups'
- Children attending a short preschool morning will not require changing unless soiled.
- Children attending all day will be changed at regular 3/4 hour intervals- late morning, early afternoon and late afternoon, or if soiled.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- Changing areas are warm and there are safe areas to lay young children if they need to be cleaned.
- The preschool provides Pampers Nappies and Sensitive Wipes included in the fees. Any child with allergies or would like to provide their own are welcome to do so, and items must be named.
- Gloves are available to put on before changing starts and areas are prepared as we recognise the value of respectful touch for the young child.
- All staff are familiar with hygiene procedures and carry these out when changing nappies.
- Changing mats will be anti-bac wiped down after each use.
- In addition, key persons ensure that nappy changing is relaxed and a time to respectfully promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents' and they instead pro-actively use it as a time for helping create positive and respectful relationships.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies or touch them unnecessarily.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull-ups' are disposed of hygienically. The nappy or pull up is bagged and put straight in the external bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- Children should arrive at preschool with a clean, dry nappy or 'pull up.'
- If young children are left in wet or soiled nappies/ 'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a duty of care towards children's personal needs.
- Staff will prompt child during the day to try to go to the potty or toilet.