



Bexley Park



Rabbits Room - Information Sheet

DAILY CONTACT

Daily Communication Sheets will share information about your toddler's day including sleep times, nappy changes or toileting needs, how much they have eaten and activities they have participated in that day. There is space for you to add comments in about their sleep that night or any other information. Always feel free to talk to us daily on drop off and collection too.

**These will be completed until the child is 2yrs old.*

WHAT DO I NEED TO BRING DAILY?

Backpack with the following:

- Two changes of clothes
 - Coat, hat, gloves, sun hat (weather dependent)
 - Milk bottle (if required)
 - Dummy/ blanket/ soother
 - All-in-one Forest School Suit and Wellies (please leave at preschool)
 - Slippers (please leave at preschool)
- Please name everything!!!*

MEALTIMES IN RABBITS

Breakfast (8-9am) - cereals such as Weetabix and Porridge, or toast fingers

Mid-Morning Snack (10.30am) - chopped fruit and rice cakes/ breadsticks

Lunch (12pm) - Hot lunch

Mid Afternoon Snack (2.30pm) - chopped fruit and rice cakes/ breadsticks

Dinner (4pm) - Cold tea

WHAT WILL BE PROVIDED?

- Breakfast, snacks, lunch and dinner
- Drinking cups with cow's milk or water
- Nappies and Sensitive Wipes
- Daily Communication Sheets
- Learning Journey

NAPPY CHANGES IN RABBITS

There is a nappy change area in the Rabbits Room and children will be changed as and when required in addition to our three-hour periods at 9am, 12pm and 3pm.

We provide Nappies and Sensitive Wipes. If your baby has any allergies we do ask you to provide any other brands. If you baby is using any nappy cream please can you provide the site with a tube or tub with your child's name sticker attached.

DAILY ACTIVITIES IN RABBITS

Toddlers will follow the Early Years Foundation Stage curriculum and will be encouraged early speech and language skills through songs, rhymes and games. Toddlers will be encouraged to be independent by encouraging them to feed themselves and becoming more mobile through developing physical development. This will allow them to explore the preschool and everything is has to offer through sand and water play, block play, small world and construction; and early maths and literacy.

TOILET TRAINING IN RABBITS

Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet. We will speak positively about using the potty or toilet and not make a fuss of accidents. We will remind children regularly if they need the toilet and take the children at regular intervals such as mealtimes and before they go to the garden area. Please always pack lots of spare clothes when going through potty training stage, as accidents are normal and will happen.

MEDICATION

Please note all medication must be prescribed by the doctor with the child's name, DOB and be in date. Any medication given by the preschool must have parental consent by completing a medication form. Regular medication such as asthma inhalers and epipens need to be left at preschool in our medicine box, so please request a duplicate from the doctors. We will not administer calpol or nurofen during a session but can continue a course of antibiotics once 48 hours have been administered already, and if your child is well enough to be in preschool.

SLEEPTIME IN RABBITS

We understand all toddlers have different sleep patterns and we will accommodate routines and sleep patterns where possible. We will have a calm, quiet session after lunch when most children will sleep if needed. There are sleep mats and pushchairs available for toddlers to sleep in. A staff member will always oversee sleeping toddlers and keep a sleep record to share with you.

EXTRA CURRICULAR ACTIVITIES IN RABBITS

Will include: Forest School, Music and Movement, Baby Ballet, Yoga, Cooking, AW Football Coaching, Phonics Stars and Messy Maths.

STERILISING AND SLIPPER POLICY IN RABBITS

We understand that at this age all toddlers explore by using their mouths. We do not want to discourage this exploration by understand the need for high standards of cleanliness at all times. Any mouthed toy will be placed into our sterilising bucket of Milton to be reused the next day. Likewise, we understand small children will spend large periods of time on the floor, so it is paramount the floor areas remain clean and hygienic. We will have strict slipper policy in Rabbits to ensure this in maintained.

CONTACT DETAILS:

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Always feel free to phone us during the day, likewise always make sure your contact details are up to date.